



How to Kiss!

It was a tough task, but someone had to do it! So, after much field work and discussion with fellow researchers I am pleased to present you with the following gathered information:

We all know the most important part of a kiss is ensuring that your breath is fresh at all times. You never know when the kissing bandit may strike, so keep those breath mints handy!

It's also important to keep lips well moisturized at all times. Rough, chapped lips do not bring forth passion of any type.

The waft of a delicious scent can also create an aura of intrigue. Cologne or perfumed dabbed in the appropriate places can add that extra touch of "I just want to eat you up!" fragrance and in the heat of passion the aroma is heightened!

Now, whether you are going for the weak-kneed, romantic kiss, or the up-against-the-wall-gotta-have-you kiss, one thing to keep in mind is that very few ladies like to have tongues down their throat. The best way to kiss is more with your lips and less with your tongue. Tongue play is very important but should not be the main course. This is why we talk about "kissable lips" not kissable tongues!

Remember your tongue is neither a whirly lizard nor a limp fish! And it's certainly not a jabbing sword or life squeezing anaconda. A kiss should be soft yet strong, sweet yet passionate, and should always have a little bite. Literally & figuratively!!

Another thing to think about is the body contact happening during the kiss. Add some anticipation with soft, quick, breezy touches that make the skin tingle and scream out for more, followed up with more furious, want-to-rip-your-clothes-off-of-you intense touches. The majority of women polled preferred to have a hand at the back of the neck (preferably tangled in our long fabulous hair) and one at the hip area. These hands should roam but those spots should be thought of as the landing zones.

Remember to include any other parts of the body that you deem kissable. Necks and collar bones should be a part of the kiss but non-freaky women tend to shy away from armpit and foot licking! Keep track of any spots that bring forth a sigh of any type and you should be able to round over to second base with minimum difficulty!

Happy Dating,

Amanda